



INFANT MASSAGE CLASS

Boost Baby's Development, Increase Well-being, & Enhance Bonding

@ *Mother & Baby Source*
714 Second St., Davis

**SATISFACTION
GUARANTEED!**



Carol + baby enjoy massage at home

WHY MASSAGE? Parents share their experience...

"The infant massage was a wonderful new way to connect with my baby."--Daria Rostovtseva, Davis, CA

"He relaxes after the massage, and he sleeps better."--Pam Kabagambe, Davis, CA

"The hands-on teaching and the techniques are very useful for my daughter...when my daughter was coughing and congested, the chest massage helped her breath better."
--Carol Li, Stockton, CA

"It was fun and great bonding with my daughter."--Manda Tam, San Ramon, CA

"Diane created a calming and accepting environment. She was patient and flexible with lessons."

--Susan Perez, Davis, CA

For current research studies on the benefits of infant massage, go to www.miami.edu/touch-research/

COST: \$63 early registration (≥ 2 weeks before class), \$70 regular, includes edible oil and handouts; \$12 massage book optional (LIMITED TIME OFFER: Refer a friend and receive it for FREE!). **One free spot offered to a low income family.** Private sessions also available.

Questions/register: Email babyready@att.net or 530-848-6356.

Instructor Diana Mau is a Certified Educator of Infant Massage (CEIM). In addition, she has a Master's degree in Psychology, a license as a child care provider, and operates Baby Ready Consulting, a service to help expectant parents prepare for their new baby, as well as address issues regarding infant care, allergies, special diets, eczema, and colic after baby's arrival. Diane's passionate about all things baby!