

**The Group Lactation Clinic
At
Mother and Baby Source in Davis**

Every Tuesday Afternoon

2-5 PM

714 Second St. (Between F and G St.) Downtown Davis

Breastfeeding in the first months after birth can be a challenging and confusing time.

You may have many questions like:

- *How do I know if my baby is getting enough to eat?
- *How do I maintain my milk supply and continue to breastfeed when I return to work?
- *Should breastfeeding be painful?

Our Group Consultations offer:

- *A complete lactation evaluation by an International Board Certified Lactation Consultant (IBCLC)
- *The opportunity to meet other women who are breastfeeding their babies
- *Guidance with Breast Pumps and Breastfeeding Aids

The Fee for the 3-hour clinic is \$40.

- *We recommend that you arrive as early as possible and stay as long as possible to get the most value out of the group clinic.
- *The clinic is for mother's and their infant
- *Clients will be cared for in a group consultation model
- *Private Lactation Consultation services are available by appointment

**For more information, please call the
Mother and Baby Source at 530 – 756-6667**